



# GENESIS



## MANDATORY GEAR LIST - Genesis 6hr Race

### **Mandatory Individual Gear**

All racers must have possession of these items at all times.

- Sufficient drinking water
- Sufficient food
- Headlamp with extra batteries
- Whistle
- Emergency space blanket ([example](#))
- Sufficient clothing for weather and weather changes
- Waterproof jacket
- Backpack large enough to carry all items
- Possible Climbing section, be prepared to bring a harness and other climbing equipment

### **Mandatory Team Gear**

Between your team, you must have these items at all times.

- Compass
- **UTM-min 1:2400 scale**
- Lighter or another waterproof fire starter
- First aid kit ([example](#))
- Sharpie/marker
- Passports (given at race)
- Maps (given at race)
- Working cell phone for emergencies

### **INDIVIDUAL BIKE GEAR**

To be carried/used at all times on the bike leg

- Off-road bicycle (no road or cyclocross bikes)
- Spare inner tube (even if you use tubeless tires)
- Bike helmet (CPSC, ANSI, or SNELL certified)
- Rear-mounted flashing red light

### **TEAM BIKE GEAR**

To be carried at all times on the bike leg

- Bike tool(s)
- Tube patch kit (even if you use tubeless tires)
- Pump or CO2 inflator

## **PADDLE GEAR**

To be worn/carried at all times during the paddle leg

- Non-motorized watercraft for flatwater paddling for the entire team
  - SUP allowed not recommended
  - canoe/kayak/Packraft
- Type II or III PFD (bring your own)
- Paddle
- Whistle (accessible while paddling)

## **Recommended Gear**

- Gear bins labeled with the team name (1-2 per team)
- Beanie, Gloves, Long Sleeve Shirt, Spare Socks Backpack large enough to carry all items
- Plotter Tool/UTM Tool, 1:24k
- Microspikes, Yaktrax, or any kind of extra "ice traction"
- Knife
- Waterproof container or bag for phone
- Dry bag
- Map case or plastic bags big enough for maps (maps will be water-resistant, but it's always nice to not have to worry about it)
- Sunscreen
- Water purification tabs or another method of purification
- Sunglasses/Hat
- Bike lock for locking the bike for the after-party!
- Clean clothes to change into after the race

## **Prohibited Gear**

**ANY GPS (You can record your race on a device for fitness information afterward. However, you are prohibited to use GPS info or data during the race. This is considered cheating.)**